

KILIMANJARO TREKKING

Trekking route: Marangu route

Trekking duration: 7 days / 6 nights (4 nights on Kilimanjaro and 2 nights in Moshi)

Number of participants: From 1 person

Trek introduction:

Known as the “Coca-Cola” route, the Marangu route is a classic trek on Mount Kilimanjaro. It is the oldest, most well established route. Many favor the Marangu route because it is considered to be the easiest path on the mountain, given its gradual slope. It is also the only route which offers sleeping huts in dormitory style accommodations.

The minimum days required for this route is five, although the probability of successfully reaching the top in that time period is quite low. Spending an extra acclimatization day on the mountain is highly recommended when climbing Kilimanjaro using the Marangu route.

The route has the least scenic variety of all the routes because the ascent and descent are done on the same path and it is the most crowded route for that reason. Marangu is favored only during the rainy season, where the hut accommodations are preferred.

Trekking itinerary:

Day 1: Arrival in Tanzania at Kilimanjaro International Airport

On your arrival, you will be picked up at the Kilimanjaro International Airport and transferred to a hotel in Moshi town; where you will meet a mountain guide who will brief you on your upcoming trek and do an equipment check to make sure you have all the necessary mountain gears. The missing gears can be hired on this day or on the next morning before leaving for Kilimanjaro.

Hotel in Moshi: bed and breakfast included.

Day 2: Arusha/Moshi – Marangu Gate - Mandara Hut

In the morning after breakfast, your guide will meet you at your hotel for briefing about daily routine during about your climb to Mount Kilimanjaro - Marangu route and there after we depart Arusha town for Marangu Gate. Begin your Mount Kilimanjaro climb through the rain forests, for 4 to 5 hours hike to Mandara Hut (2750m). Overnight Stay Mandara Hut - Mount Kilimanjaro.

Distance covered: 8.3km / 5.2miles.

Approx. time taken: 5 hours

Meals: Breakfast, Lunch & Dinner Included.

Day 3: Mandara Hut - Horombo Hut

After breakfast, leave the glades of the rain forest and continue trekking into open rolling moorland. The trek takes about 5-6 hours hike to *Horombo Hut (3820m) Overnight Stay Horombo Hut - Mount Kilimanjaro.

Distance covered: 12.5km / 7.8miles

Approx. time taken: 9 hours

Meals: Breakfast, Lunch & Dinner Included.

Day 4: Horombo Hut - Kibo Hut.

After a good night's rest, trek past the last water point to reach Kibo saddle, a broad desert zone between the two peaks of Kibo and Mawenzi. Kibo Hut (4720m) is reached in 5-6 hours hike.

Overnight Stay Kibo Hut (4720m) - Mount Kilimanjaro.

Distance covered: 9.5km / 5.9miles

Approx. time taken: 7 hours

Meals: Breakfast, Lunch & Dinner Included

Day 5: Kibo Hut - Uhuru Peak the summit 5,895m - Horombo Hut

At Kibo hut (4720) Wake up at Midnight, the start for the Summit is made just after midnight at before star serve with light refreshment than proceed to the steepest part of the route is to Gillman's point (5700m). A further 1 to 2 hours walk, early morning reaching to the Summit Uhuru Peak (5895m) celebrates your success of Mount Kilimanjaro climb, take the photos before descend to Horombo Hut (3820m) 5-6 hours. Overnight Stay Horombo Hut - Mount Kilimanjaro.

Distance covered: 22km / 13.7miles.

Approx. time taken: 12 – 15 hours

Meals: Breakfast, Lunch & Dinner Included.

Day 6: Marangu Gate - Transfer to Moshi

The last stage passes through the heath and moor zone to the Mandara Hut (2700m) where a warm lunch is waiting for you. Soon, you will once again pass the tropical rainforest and after a total time of 6 hours trekking, you will be back at the Kilimanjaro National Park Gate (1860m). After saying goodbye to your mountain guides, a short transfer follows to take you back to your hotel in Moshi. Once there, you can take a warm and relaxing shower and celebrate your success in reaching the summit of the Kilimanjaro. Hotel in Moshi: bed and breakfast included.

Distance covered: 20.8km / 12.9miles.

Approx. time taken: 8 hours

Meals: Breakfast & Lunch Included.

Day 7: Depart Tanzania

The day is left free to wind down after the trek before your flight home. Depending on flight times you could go and explore Moshi town and grab some souvenirs before heading to the airport.

Options after Kilimanjaro Trekking:

Safari, Zanzibar and other add-ons are available if you wish to continue exploring Tanzania.

5 days trek on Marangu route, prices per person in US Dollars, valid from 01 January 2021 to 31 May 2022.

PRICES :

1pax = 1820 \$

2pax = 1650 \$ per person

3pax = 1620 \$ per person

4pax = 1600 \$ per person

5pax = 1580 \$ per person

6pax = 1540 \$ per person

7pax = 1500 \$ per person

8pax = 1500 \$ per person

9pax+ = 1500 \$ per person

PRICES INCLUDE:

- Airport or border transfers before and after Kilimanjaro trekking.
- Hotel in Arusha/Moshi, before and after trekking, bed and breakfast included.
- Transfer from the hotel to Kilimanjaro Gate for the start of trekking.
- Transfer from Park Gate to Hotel after trekking.
- Accommodation in the campsites during the trekking.
- All Kilimanjaro climbing fees
- 3 meals per day during the trekking
- The services of our mountain guide, cook and porters. .

NOT INCLUDE IN THE PRICE:

- Lunches, dinners and drinks at your hotel before and after climb.
- Beverages during the trekking like alcohols.
- Sleeping bags and other private trekking gears.
- Travel insurance
- All items of personal nature.
- Tips to mountain guides, cook and porters (find below the recommended amounts).

Tippling guidelines on Kilimanjaro from the trekking group:

Tippling is a very cultural thing on Kilimanjaro. The tradition of tippling has evolved over the last two decades to it's current state. As a company, we don't get involved in the tippling process. We can only give you our guidelines on what the crew is expecting. Tips are given directly by you to the crew.

There is a strong reason we can't include tips in the price itself. If we include the tips in the price, we can be accused of overcharging the clients for tips and underpaying the tips to the crew.

Here are the tippling guidelines:

Although larger tips are always appreciated by our staff, they will be extremely grateful if you follow the guidelines for tippling given below. These amounts given below are for the whole group. For e.g, the whole group tips USD 15 to the cook per day. So these costs will be divided amongst the whole group.

Senior guide: \$20 – 25 per day from the whole group

Assistant guide: \$15 – 20 per day from the whole group

Cook: \$12 – 15 per day from the whole group

Waiter: \$10 – 12 per day from the whole group

Porter: \$8 – 10 per day from the whole group

Summit porter: \$12 – 15 per day from the whole group

Toilet crew: \$10 – 12 per day from the whole group

Crew for various group sizes:

To calculate tips, it's important to understand how large your crew size is going to be. Below we have listed the crew size from Group of 1 to 10.

Group of 1 climber - 1 Senior Guide, 1 Cook, 3 or 4 Porters

Group of 2 climbers - 1 Senior Guide, 1 Assistant Guide, 1 Cook, 7 Porters

Group of 3 climbers - 1 Senior Guide, 1 Assistant Guide, 1 Cook, 10 Porters

Group of 4 climbers - 1 Senior Guide, 1 Assistant Guide, 1 Cook and 13 Porters

Group of 5 climbers - 1 Senior Guide, 2 Assistant Guides, 1 Cook and 16 Porters

Group of 6 climbers - 1 Senior Guide, 2 Assistant Guides, 2 Cooks and 19 Porters

Group of 7 climbers - 1 Senior Guide, 2 Assistant Guides, 2 Cooks and 22 Porters

Group of 8 climbers - 1 Senior Guide, 3 Assistant Guides, 2 Cooks and 25 Porters

Group of 9 climbers - 1 Senior Guide, 3 Assistant Guides, 2 Cooks and 28 Porters

Group of 10 climbers - 1 Senior Guide, 3 Assistant Guides, 2 Cooks and 30 Porters

How to give tips to the crew?

The best way would be to collect the tips from the whole group, and then divide it amongst the whole crew. Tips can be placed in individual envelopes and the climbers can hand them directly to each crew member. You can also prepare two envelopes. One for the guide, assistant guides and cooks. You can hand this envelope to the lead guide. The other envelope is for the porters. You can hand this over to the porter's representative.

LIST OF PERSONAL GEAR OR EQUIPMENTS TO BRING FOR CLIMBING KILIMANJARO

Baggage:

Day Pack: During the climb your baggage will go ahead of you with the porters so you carry a day pack with all you need during the day. We recommend a 20 – 40L pack that is comfortable and has a waistband. Your daypack contents should include 2-4L of water, snacks, lunch, spare clothes required during the day, waterproofs, hats, gloves, sunglasses, passport, money and your camera.

Gear Bag: Your gear bag will be moved by a porter and you will not have access to it between camps, (you will have access to it only in camps). Bags must be of a duffle bag (ideal) or backpack design and weigh a maximum of 15kg. It will be placed in a waterproof bag during the climb. Hard cases are not suitable for this trek. Extra luggage that is not required during the climb can be stored at your hotel in Arusha.

Boots / camp shoes:

Boots: Good, waterproof hiking boots are essential. Good quality three season boots offer good ankle support, comfort and warmth and are essential. You should ensure these are well worn in prior to your climb.

Camp Shoes: A pair of trainers or Teva type sandals is ideal for evenings and at the hotel in Arusha.

Clothing:

Using the Layering System: The temperature will vary considerably according to the altitude and time of day. The layering system works best to cope with the variation in temperature as you can quickly and easily add or remove layers as needed to stay comfortable. At lower altitudes and during the day the days are normally warm and sunny but the temperature drops quickly at night and can reach -20C at altitude.

The layering system consists of:

Base Layer – high wicking, close fitting tights and top.

Mid Layer – a warm mid layer consisting of fleece or similar materials.

Outer layer – A breathable waterproof and windproof jacket and trousers.

Extra Warm Layer – A down jacket for use at night is pretty much essential and you may even wear it while climbing on very cold mornings.

Accessories: This system is then supplemented with gloves, hats, buffs etc that you can take on and off quickly to regulate temperature.

Clothing list:

- Walking Boots – Three season trekking boots. Good ankle support and well broken in.
- Comfortable shoes/sandals – for wearing in the evenings around camp.
- Walking Socks – Good walking/trekking socks. If you buy good walking socks wearing one pair is fine but some people prefer two pairs. (3 Pairs are normally sufficient and I would suggest packing one really warm pair).
- Gaiters.
- Thermal Base Layer – Merino Wool is the best as you can wear for weeks without washing, synthetic is also fine. (2 sets)
- Fleece Trousers – I use power fleece which are great for walking in on really cold days and also for sleeping in when it's cold.
- Walking trousers (Zip-offs are great) – 1 or 2 pairs. (No Jeans)
- Shorts (1 or 2 pairs if not taking zip-off trousers)
- Waterproof Jacket (Gore-Tex or other breathable fabric).
- Waterproof Over trousers (Gore-Tex or other breathable fabric)..
- Long sleeved trekking shirt.
- T-shirts/Walking T-shirts.
- Thin Fleece Jacket/Top (Often called micro-fleece) – 2.
- Thick Fleece Jacket/Top – 1.
- Sun hat and sun/snow glasses.
- Warm Hat or Balaclava.
- Gloves (one pair thinner and one pair very warm)
- Buff or Neck Gaiter.
- Down Jacket (Available to hire in Arusha)
- Travel Towel

Essential equipments:

- **Duffle Bag/Rucksack** – To be carried by porter. I would recommend a good duffle bag of between 70-90L as they are generally waterproof, lockable and easy to access. North Face and Mountain Equipment both make excellent bags. The maximum weight for this bag on trek is 15KG.

- **Daypack/Rucksack** – A good day pack of between 25 – 40L for carrying spare layers, water, camera, snacks etc.
- **4 Season Sleeping Bag** (Rated to between -15 & -20°C) – Down sleeping bags are generally best as they are lighter and pack down smaller but synthetic bags are also fine. Sleeping bags are available to hire in Arusha.
- **Water Bottle and/or Camelback** (4 Litres) + purification tablets/system.
- **Head torch + Batteries** (Including spare bulb and batteries)
- **Books/Guides/Maps** as preferred. **(optional)**
- **Pocket Knife/Leather man/Swiss Army Knife (optional)**
- **Camera** – I would recommend taking spare batteries and film.
- **Waterproof liner** for both bags.
- **Walking poles** are becoming more popular. I use and recommend them. A pair is best but many walkers start with just one. Leki Makalu anti-shock poles are some of the best although there are numerous brands on the market.
- **Large plastic bin liners and Ziploc storage bags** of various sizes for keeping your kit dry.
- **Energy bars** and snacks – 2 per day.

Altitude sickness on Mount Kilimanjaro:

When climbing Mount Kilimanjaro, you should prepare yourself for the infamous mountain sickness. This phenomenon can hit everyone so remember to take certain precautions in the thin air. High up in the mountains there's less oxygen. In order to avoid being hit by the symptoms - headache, nausea, dizziness - you should take it slow the first times at higher altitudes and spend a few days without too many efforts before embarking on the more strenuous part of the trek. This way your body will get used to the oxygen-depleted air. If you are serious affected by the altitude the best you can do is to come down from the heights as soon as possible.

Deposit & payment:

For a booking to be held as confirmed, at least a deposit of 50% is required, and if the trip program involves a lot of hotels and internal flights, our company may ask more deposit to manage those bookings. The balances of trip payments are due 14 days prior to arrival day in Tanzania or as may be agreed.

For the booking made within 14 days prior to the arrival date, the full amount has to be paid to secure the booking.

All bank transfer charges are to be settled by the client or agent respectively. This includes transaction fees charged by our bank.

Cancellations:

In case of trip cancellation please send to us the cancellation notice in writing. Cancellation shall only be effective from the date of receipt of cancellation notice.

If a booking is cancelled, the client is subject to a cancellation fee as follows:

61 days or more notice, 90% of the total booking cost shall be refunded.

60 – 31 days notice, 75% of the total booking cost shall be refunded.

30 – 15 days notice, 50% of the total booking cost shall be refunded.

14 – 0 day notice, 25% of the total booking cost shall be refunded.

Climate:

The climate is hot and sometimes humid. From December to March, when the north-east monsoon blows, it is hot and humid. In April and May heavy rains fall with June to October being the coolest and driest period. The lesser rains fall in November. Temperatures sway between 25 degrees Celsius and 35 degrees Celsius and annual rainfall is about 200mm.

However, it's the responsibility of the traveler to collect enough information about climate from various sources and be aware of the destination weather / climate before departing for his/her trip.

The company operates all the year around, but the company will not be responsible for any nuisances or complaints based on the unexpected climate or weather encountered during the trip.

Travel documents, passports, visas and other travel papers:

It is the client's sole responsibility to ensure that passports, visas, health certificates, proof of vaccinations, Travel Insurance and any other documentation required are all in order for the countries to be visited.